



# Product Data Sheet

September 2013

Product Name: **ORGANIC Black Beans** in BPA Free pouches.

No one else packs beans in pouches ! Not Yet !!

JYOTI beans are cleaned via SHRI Technology, the world's most advanced, which we license worldwide, most recently to **HORMEL FOODS USA**.

No other packaging delivers beans so clean, beautiful and whole !

### Mushy Canned Beans:



Organic Black Beans from the best known **CAN**



Organic Black Beans from **JYOTI Pouch**



**Ingredients:** Organic Black Beans in water with a little salts of sodium and calcium from sea water.

**Grown, Processed and Packed in the USA.**

**Recipes:** Recipes for Black bean Soup and Bean Salad are on the package and more on the web site.

**Package:** BPA Free Pouches, 10 oz net weight (284 g)

**Shelf Life** (from date of production): **2 years**

## Nutrition Facts

Serving Size 130 g  
Servings Per Container 2

### Amount Per Serving

**Calories** 110    Calories from Fat 0

**% Daily Value\***

**Total Fat** 0g    **0%**

Saturated Fat 0g    **0%**

Trans Fat 0g

**Cholesterol** 0mg    **0%**

**Sodium** 125mg    **5%**

**Total Carbohydrate** 20g    **7%**

Dietary Fiber 5g    **20%**

Sugars 1g

**Protein** 7g

Vitamin A 0%    • Vitamin C 0%

Calcium 15%    • Iron 10%



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**PRODUCT OF USA**