

July 15, 2016

Product Name: **Pizza Rice (Smells like Fresh Pizza)**

READY TO EAT, Just Heat and Serve



Nutrition Facts	
Serving Size 4 oz (113g)	
Amount Per Serving	
Calories 170	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 300mg	13%
Total Carbohydrate 28g	9%
Dietary Fiber 1g	5%
Sugars 1g	
Protein 5g	
Vitamin A 10%	Vitamin C 2%
Calcium 8%	Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 • Protein 4

Package: BPA Free Pouches, 8oz

Ingredients: Water, Par Boiled White Rice, Tomato, Mushroom, Spinach, Onion, Parmesan Cheese, Olive oil, Garlic, Salt, Oregano, Basil.

Heating: Boil in the bag, or partially open at the notch for venting, and microwave for 1-2 min.

Cooked and Packed in the USA

