



Product Data Sheet

October 2015

Product Name: **Garbanzo Beans (Chickpeas) in Water**

READY TO EAT

Just pour out and use in salads, soups etc.



Nutrition Facts	
Serving Size 4 oz (113g)	
Servings Per Container 16	
Amount Per Serving	
Calories 100	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 17g	6%
Dietary Fiber 5g	20%
Sugars 3g	
Protein 5g	
Vitamin A 0%	• Vitamin C 2%
Calcium 15%	• Iron 10%

Package: BPA Free Pouches, 8" X 15", 4 lb

Ingredients: Water, Garbanzo Beans, Salts of sodium and calcium.

Item Number: 96403	Pack Size: 4 lb	Case: 18" X 14" X 6"
Net Case Wt: 25 lb	Packs per case: 6	Case Cube: 0.55
Pallet Count: 66	Pallet TiHi: 6 X 11	
Country of Origin: USA	Storage Condition: Ambient	Shelf Life: 18 months



**Cooked and Packed
in the USA.**

