



Cilantro-Lime Basmati of India

Shelf stable (2 years) BPA Free Microwaveable pouch. Gluten free, Vegetarian

This Ready to Eat Rice is an imported Basmati Rice flavored with Lime Juice and Cilantro extract. It is slightly sour and fragrant with Cilantro. Simple ingredients and a complex cooking process preserve the very long grains of this:

Extra Long Grain, Fragrant Cilantro-Lime Basmati Rice.

DIRECTIONS: Cut at the notch to make a small vent and heat in a microwave for about 1 min. Empty the pouch in a serving dish. For stove top, empty the pouch in a heavy skillet and heat on low heat to desired serving temperature. Handle with care as the pouch and contents will be very hot !

INGREDIENTS: Imported Indian Basmati Rice, Water, Sunflower Oil, Natural Flavor Extracts, Lime Juice Concentrate, Parsley flakes.

Following are unedited photos of the Cilantro-Lime Rice pouch and a freshly emptied pouch.



Nutrition Facts	Amount/Serving	% DV *	Amount/Serving	% DV *
		Total Fat 7g	9%	Total Carb. 88g
	Sat. Fat 1g	4%	Fiber 2g	7%
	<i>Trans</i> Fat 0g		Total Sugars 0g	
	Cholest. 0mg	0%	Incl. 0g Added Sugars	0%
	Sodium 5mg	0%	Protein 8g	
	Vitamin D 0mcg 0% • Calcium 80mg 6% • Iron 0.8mg 4% Potassium 190mg 4%			

2 servings per container
Serv. Size 250 g (8.8 oz)
Calories 460 per serving

CA prop 65 requires Rice containing foods to warn California customers about the presence of arsenic in Rice. Arsenic is known to be a carcinogen and cause birth defects.

Unfortunately, there is no provision to advise anyone that Rice is great for human body. The longest living people in the world are the Japanese, whose diet is mainly rice. In India, the first solid food ceremoniously given to an infant is rice. Yet, we must put this ridiculous warning here.